



Fingal Age Friendly Strategy 2026 - 2030

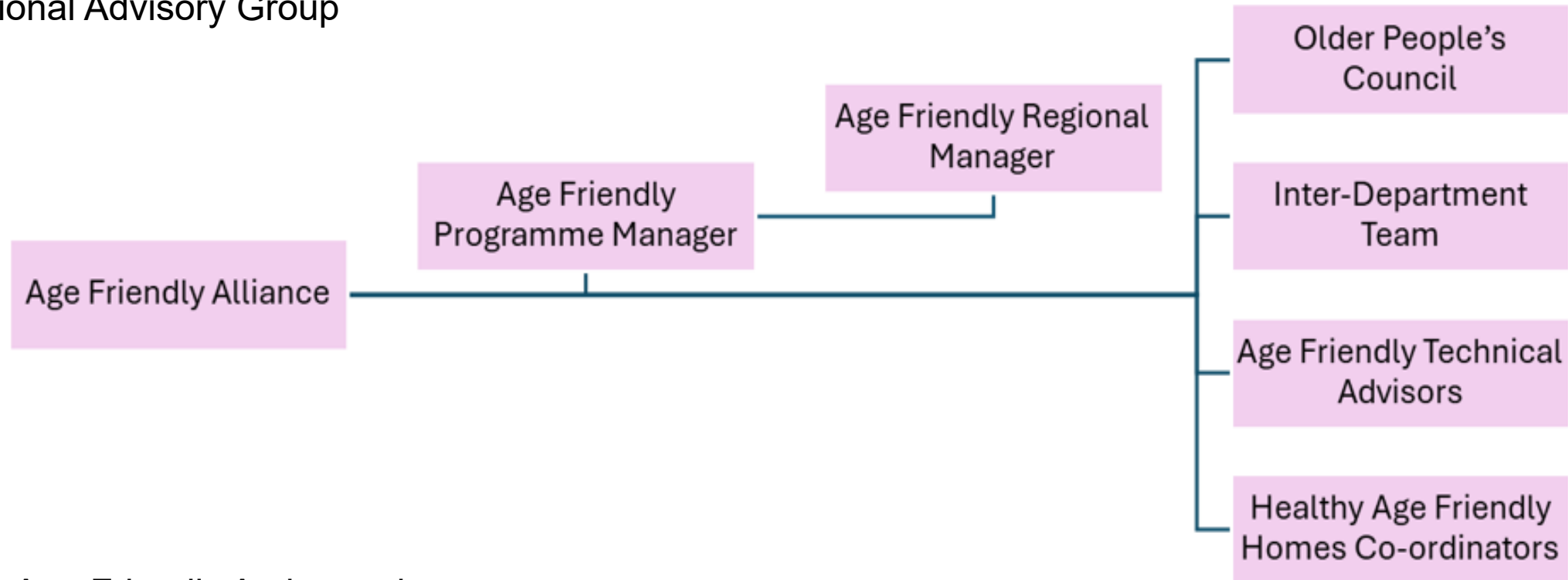
Cathrina Murphy
Age Friendly Programme Manager



Fingal Age Friendly Initiative

2018 LGMA : Age Friendly Ireland national shared service in Meath County Council.

National Advisory Group



Age Friendly Ambassador

Developing the Strategy: Time Frame



Engage MCA Consultants	May 2024
Consultation Process	June - October 2024
Analysis of Data	November – December 2024
Co-Design of Actions	January – April 2025
Draft Strategy	May 2025



FINGAL AGE FRIENDLY STRATEGY ROADMAP

Process design

Inception Meeting with Age Friendly Team to agree and refine process and timeline



Public Consultation meetings

In person public meeting, event attendance and one to one meetings



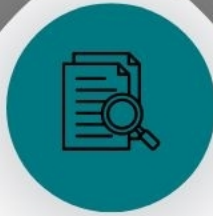
Co-design meetings

Analysis and presentation of Consultation process findings and facilitated planning session with AFA



Desk research

Demographic analysis and review of national and regional strategies



Surveys

Older Persons and Service providers surveys



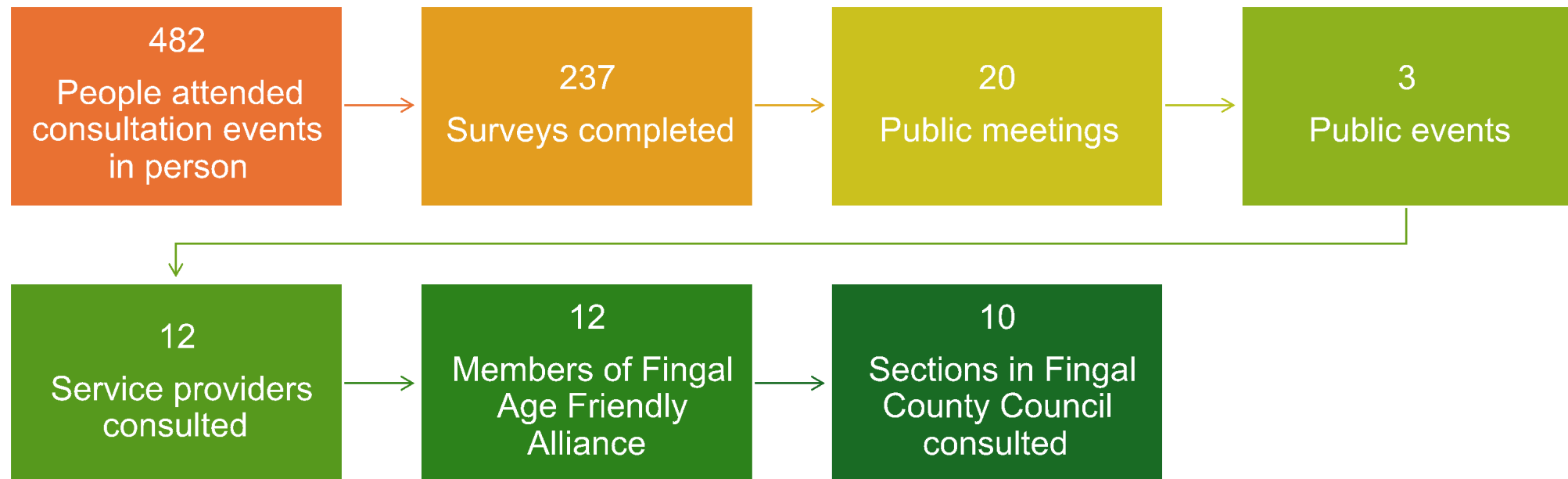
Drafting and Adoption

Drafting of Themes, Objectives and Smart actions, editing and presentation for adoption

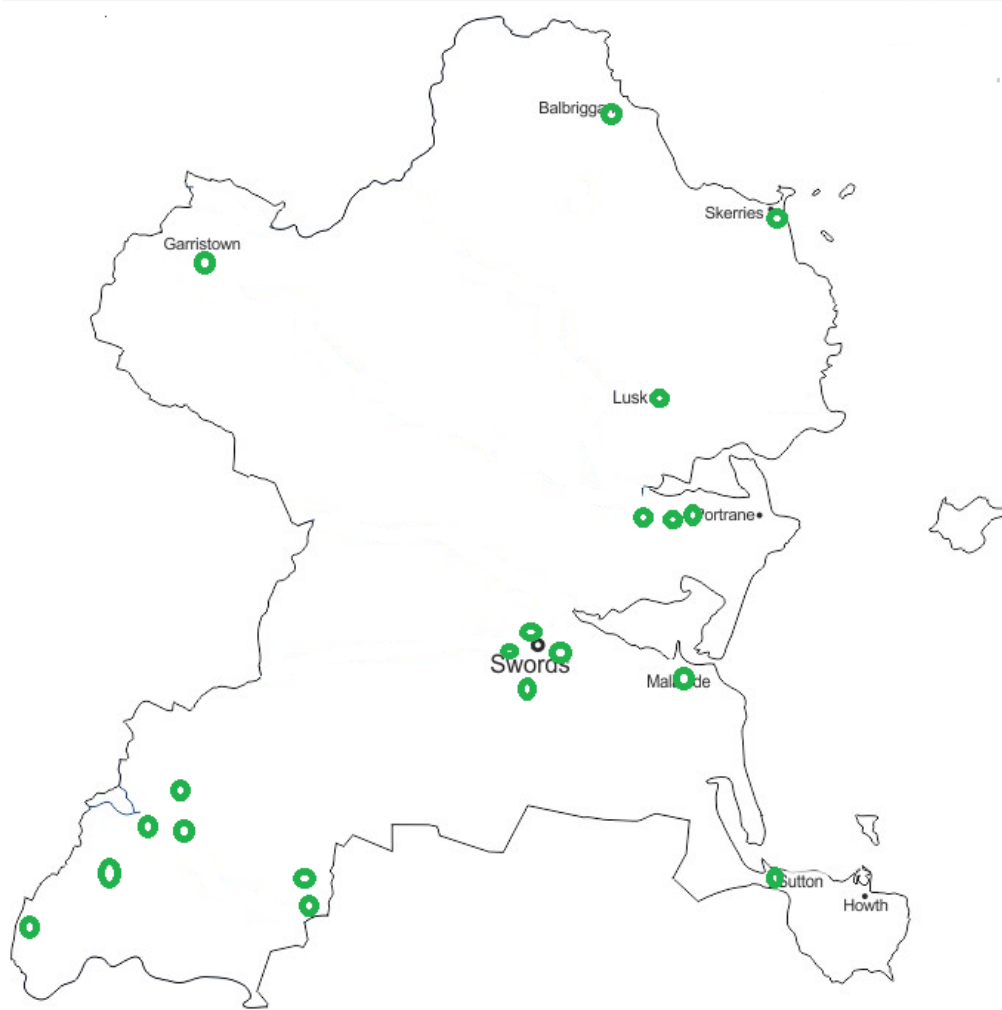




Consultation Process: Key Engagement:

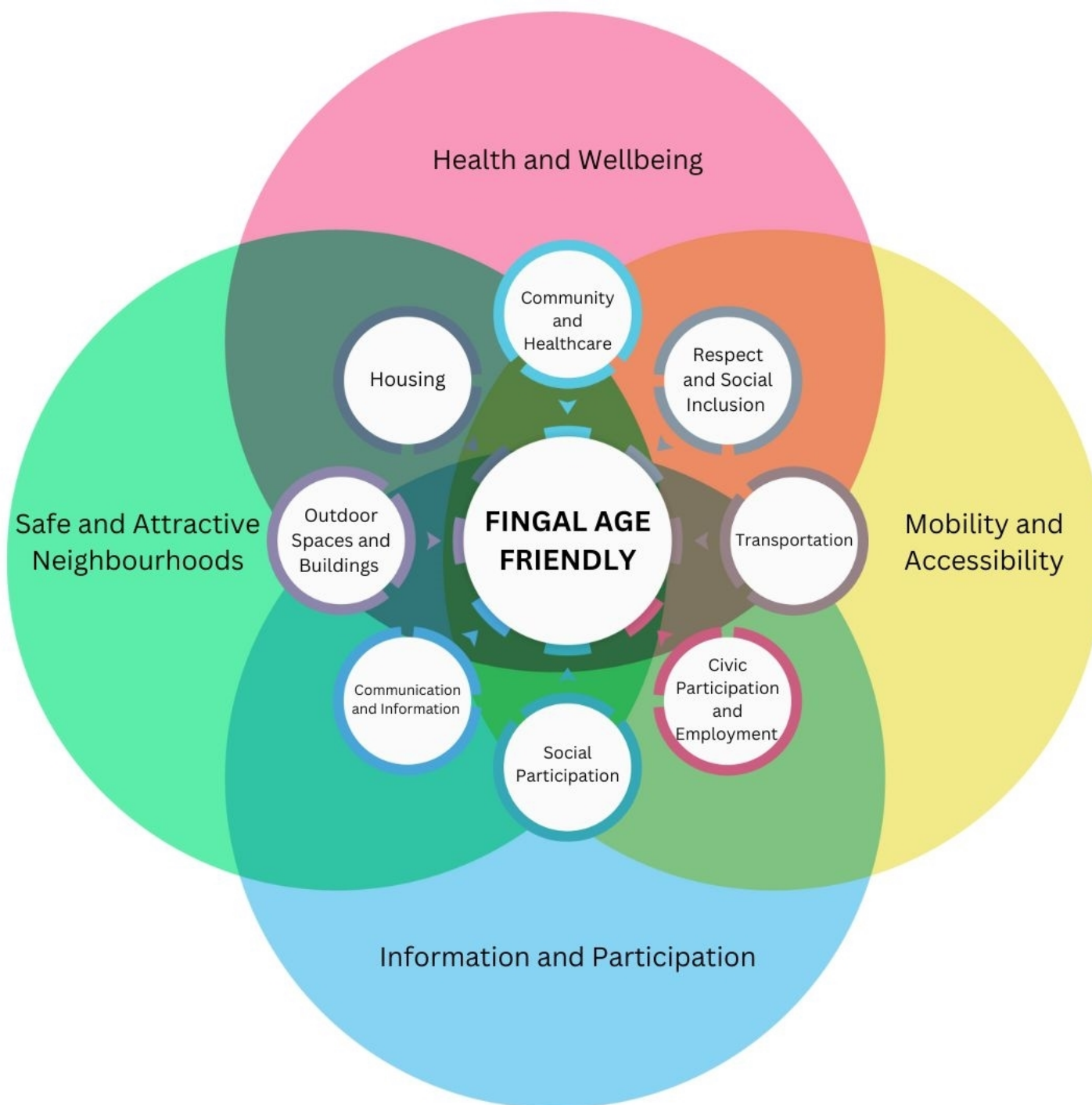


Public Consultations



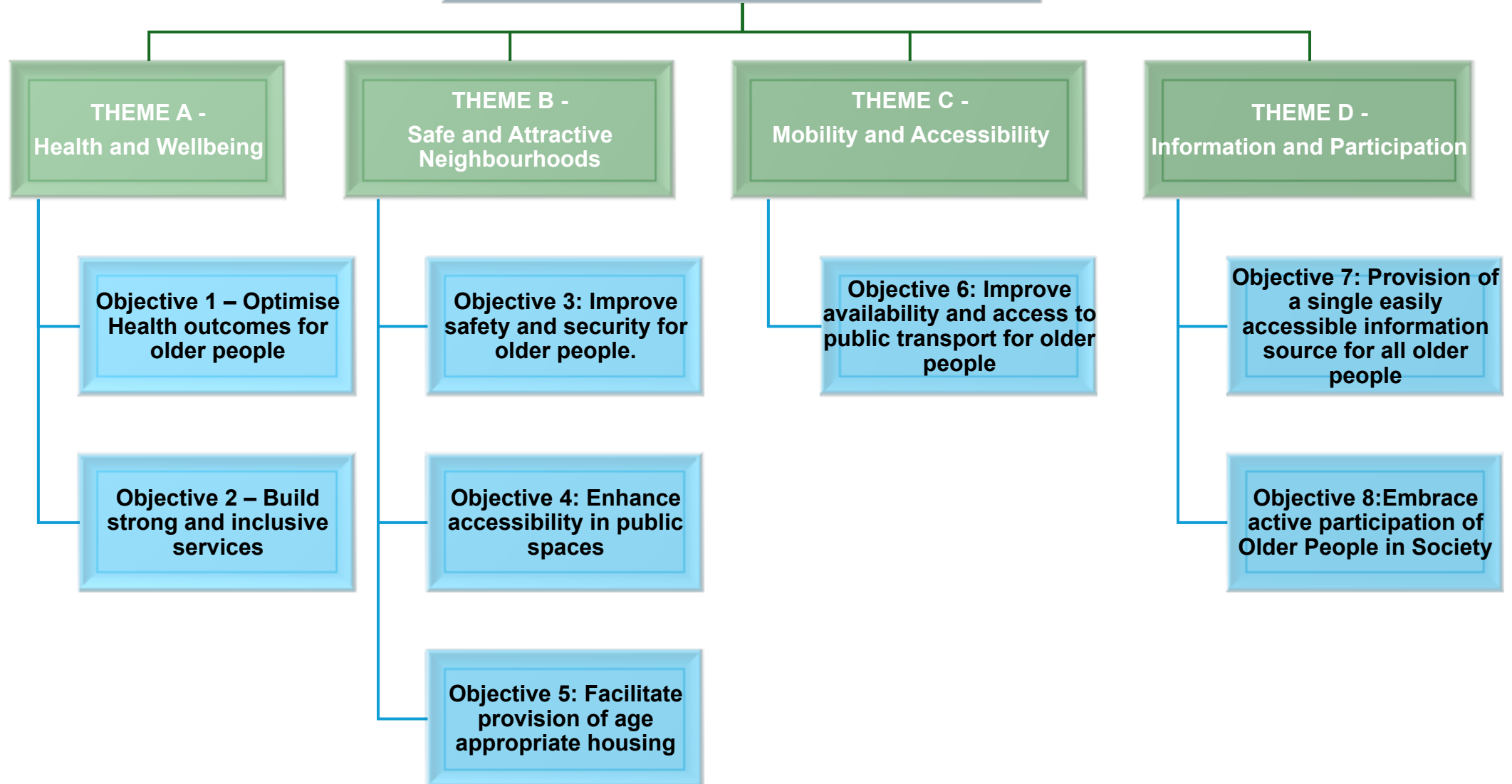
Location	Venue	No. of Attendees
Balbriggan Seniors		22
Blanchardstown	Library	12
Castleknock	School beside church	38
Castleknock Mens Network	Laurel Lodge Community Centre	4
Centre for Independent Living Blanchardstown	Blanchardstown Centre for Independent Living	14
Corduff	Corduff Community Resource Centre	13
Donabate	Donabate Portrane Community Centre	3
Fingal Traveller Community members	Parlickstown house in Mullhuddart	4
Flavours of Fingal	Newbridge House and Farm	19
Flavours of Fingal	Newbridge house and Farm	32
Howth Sutton Baldoyle Bayside	Suttonians RFC	25
Huntstown	Huntstown Community Centre	16
Malahide Portmarnock	Malahide Library	26
Mulhuddart	Mulhuddart Community Centre	5
Older Peoples Council	Council offices	9
Ongar	Ongar Community Centre (Family Day)	61
PPN Plenary	Radisson Hotel – directions TBC	17
Rural Villages - Garristown	Garristown Community Centre	16
Rush Lusk Loughshinny	Lusk Community Cultural Centre	15
Skerries	Skerries Community Centre	8
Swords	Riverside Community Centre	20
Swords	Senior Citizens Club- AGM – Chapel Lane	32
Vintage Picnic	Swords Castle	71
		482

Findings





Fingal Age Friendly Strategy 2026-2030



Theme A: Health & Wellbeing



Challenges

- Access to health and exercise programmes
- Information on health-monitoring devices and grants
- Training in digital literacy for healthcare access
- Information and assistance accessing supports and funding for groups.
- Age Friendly Public Domain and Buildings.

Actions

- Promote and develop initiatives and campaigns to support health and wellbeing
- Support older people to prevent and manage chronic disease
- Introduce a programme to target those experience loneliness and isolation
- Support older people with dementia and their carers through dementia cafes
- Continue to provide capacity building supports to community groups
- Expand the Age Friendly Towns initiative



Theme B: Safe and Attractive Neighbourhoods

Challenges

- Personal, public and online safety
- Amenities such as public seating, toilets and safe walking routes.
- Suitable age-friendly housing options
- Accessible information and support for home retrofitting and maintenance.

Actions

- Provision of crime prevention advice and road safety training
- Provision of online Cyber Safety Training.
- Link walkability studies with significant infrastructure programmes to inform public realm infrastructure.
- Implement and formalise proposed practices in relation to the new Right Sizing Policy
- Expand the Healthy Age Friendly Homes (HAFH) Programme
- Provide a minimum percentage of homes developed to Universal design standards



Theme C: Mobility and Accessibility

- **Challenges**

- Public transport routes, cross-county connectivity, trains stations
- Infrastructures: shelters, seating
- Parking in town centres and parking meters/apps
- Communication and awareness around available services

- **Actions**

- Engage with Age Friendly Ireland/National bus and rail organisations to address identified gaps in transport
- Work with local transport providers to explore better use of current resources regarding routes
- Support the expansion of the community car scheme
- Provide support and assistance to further develop the Cycling Without Age Initiative

Theme D: Information and Participation



Challenges

- Access to information and the digital divide.
- Need for a one-stop information shop
- Need for more volunteer opportunities
- Support for accessing funding for community and voluntary organisations.
- Lack of intergenerational interaction

Actions

- Explore the possibility of developing a schedule of drop-in clinics for older people with Citizen's Information in conjunction with libraries.
- Organise Information/Showcase in local communities
- Establish a database for the distribution of information specifically for older people
- Develop an Older Volunteer enabler initiative
- Devise and resource a programme to build on existing intergenerational work

Monitoring & Review



- Bottom-up approach
- Actions based on the outcome of the consultations and challenges identified.
- Challenges similar across the county.
- An Annual Implementation Plan will be developed.
- The Alliance will meet quarterly to monitor and review.
- The Older People's Council will play a key role in reviewing the Action Plan.
- The FCC Interdepartmental Team will convene as needed to advance key projects.
- Annual progress report.



Questions?